

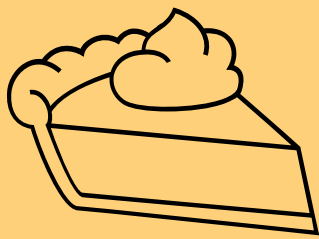


NOVEMBER 2023

ST. MARY SCHOOL

NEWSPAPER

HAVE YOURSELF A VERY HEALTHY THANKSGIVING



By: Olive Preuss, Grade 7

Do you like pumpkin pie?
Well, you're in luck. I'm going to
show you how to make the best
pumpkin pie ever! Let's get
started:

The first step is to preheat the oven to
425°F.

Next, in a large bowl, add 2 eggs, 15
ounces of pumpkin puree, $\frac{3}{4}$ cups of
sugar, 1 teaspoon of cinnamon, $\frac{1}{2}$
teaspoon of salt, $\frac{1}{2}$ teaspoons, and 12
ounces of condensed milk.

Stir together until mixture is combined.
Shape the crust into a pie pan and pour
the mixture into the pan.

Bake for 15 minutes at 425°F. Reduce to
350°F and cook for 50 more minutes.

To tell when it is finished, see if it
wiggles. If not, you're ready to take it out
of the oven!

Let it cool.

Now you're ready to eat the best
pumpkin pie ever!

Sit down, give thanks and enjoy with
your family and friends!



Modern Turkey Trot Race. The first
Turkey Trot took place in 1896, in NYC.

THANKSGIVING TRADITIONS THE HISTORY BEHIND WHY WE CELEBRATE THE WAY WE DO

By: Maya Petzke & Adalie Bellmore, Grade 8



Does your family have any Thanksgiving traditions? Most people have dinner with their families, watch the Macy's Thanksgiving Day Parade, or run a turkey trot.

Thanksgiving dinner is believed to have started in 1621 when the Mayflower pilgrims had a three-day meal with the Wampanoag. Some of the things people have for Thanksgiving dinner are turkey, mashed potatoes, and cranberry sauce. They also have pie for dessert.

The Turkey Trot started way back in 1896 in New York. The turkey trot is the world's largest Thanksgiving running festival. Only six people showed up for the first Turkey Trot. Now more than 756,894 people participate in Turkey Trots nationwide.

The Macy's Thanksgiving Day Parade started because in 1924 store employees marched to Macy's, dressed in vibrant costumes. Each year about 3 million people attend the parade, and about 44 million watch it on live TV.

Fun Facts about Thanksgiving:

- Turkey wasn't on the menu at the first Thanksgiving.
- The average number of calories consumed on Thanksgiving is 4,500 per person.
- More than 54 million Americans are expected to travel during the holiday.
- Around 46 million turkeys are eaten at Thanksgiving.



Macy's Thanksgiving Day Parade Begins
1924



STUDENT SPOTLIGHT

By: Aiden Raines, Grade 6

This month we are spotlighting **Ana Marginean**. Ana is in 2nd grade! She enjoys going swimming, playing tennis and volleyball, and climbing trees! Ana's favorite board game to play with friends is checkers. We are excited to have you at St.Mary's Ana!

BOOK RECCOMMENDATIONS

By: Sydney Fait, Grade 8

Reading has so many great benefits for you and it's also a fun thing to do to pass time. Here are some amazing books to read in your spare time:

1st-2nd Grade: *Charlotte's Web* by: E. B. White

This is a wonderful book about the friendship between a pig and a spider.

3rd-4th Grade: *Wonder* by: R.J. Palacio

This book follows a young boy with a facial difference that goes to a school for the first time.

5th-6th Grade: *The Westing Game* by: Ellen Raskin

This book is about 16 people who, after Samuel Westing dies, gathers together to try to win the massive amount of money he left behind.

7th-8th Grade: *The Hunger Games Series* by Suzanne Collins

The Hunger Games Series includes the books The Ballad of Songbirds and Snakes, The Hunger Games, Catching Fire, and Mockingjay. This is a thrilling series about 12 districts that are controlled by the Capital. All of the districts have to send two of their kids to an arena to fight to the death every year.

I hope you enjoy reading this month's recommended books!



GIVING THANKS!

By: Hudson Beal, Grade 6

There are many things to be thankful for on Thanksgiving, some of them include God, family, and friends. This season reminds us to be grateful for all of our blessings and to give to others who are less fortunate. Ways to help the less fortunate would be giving to the local food pantry or helping at a homeless shelter. This is also a time for thanks, I am thanking God for everything that he has done for me. I hope you all have a Happy Thanksgiving and enjoy your time with family and friends.

“Give thanks to the Lord, for he is good; his love endures forever.”
Chronicles 16:34

WAYS TO SHOW YOUR THANKS:

- ✱ Make a card!
- ✱ Help others!
- ✱ Appreciate what you have!
- ✱ Say thank you more!

SLAM DUNK SCIENCE: THE PHYSICS BEHIND BASKETBALL

It's basketball season at St. Mary's! If you want to ball like MJ, your one step closer if you understand the physics behind basketball.

If you are anticipating a rebound, you should know Newton's 3rd Law. **Newton's 3rd Law** is that “*every action has an equal and opposite reaction.*”

So, the farther back your teammate shoots, the farther you go for the rebound.

Looking to score points yourself? Study **Projectile Motion**! This is when your shot follows a curved path to the rim. Without Projectile Motion, there's a slim chance your going to make the shot, because its all about the angle you release the ball and the force that you release it.

If you have good backspin and the right angle you have the best chance to make your shot when your team needs it.

When you dribble the ball against the court, that's **Physics**, too! You are using a combination of **friction** and **gravity**, which are key physics components in basketball, and most sports!

You use proper mechanics to make a shot. However, you need the power to get it there first, this comes from **Energy conservation**. This is when you convert **potential energy** into **kinetic energy** when the ball comes out of your hands and stay on track.

Have you ever wondered why we don't use a football or another shape ball for basketball? Its not just the weight that matters, but also the **aerodynamics**. The basketball is sphere shaped, with small dimples on it's surface, which allows it to move through the air more smoothly.

I hope understanding physics will help you use science to improve your game. Go Knights!

By: Bode Schmidt
& Jake Wood, Grade 7



Alum, Jack Karpelenia, presents
model rockets that 8th grade will
build and blast off!



Students learn about Fire Safety!



FIELDTRIP TO MILWAUKEE MUSEUM

THANK!
😊

THE OUTSIDERS DAY



Buddy Families



3rd Grade Halloween

REMEMBER OUR MISSION



KNIGHTS STRIVE TO BE
SPIRITUAL
SCHOLASTIC
SOCIAL

INTERVIEWS



WHAT ARE YOU THANKFUL FOR?

- “I don’t know...that I get to play sports.” Teddy, Grade 4
- “My family I think.” Landon, Grade 2
- “Fish sticks!” Bodee, Grade 6
- “My friends!” Brooklyn, Grade 6
- “Ummmm.... I think my family.” Nova Lee, Kindergarten

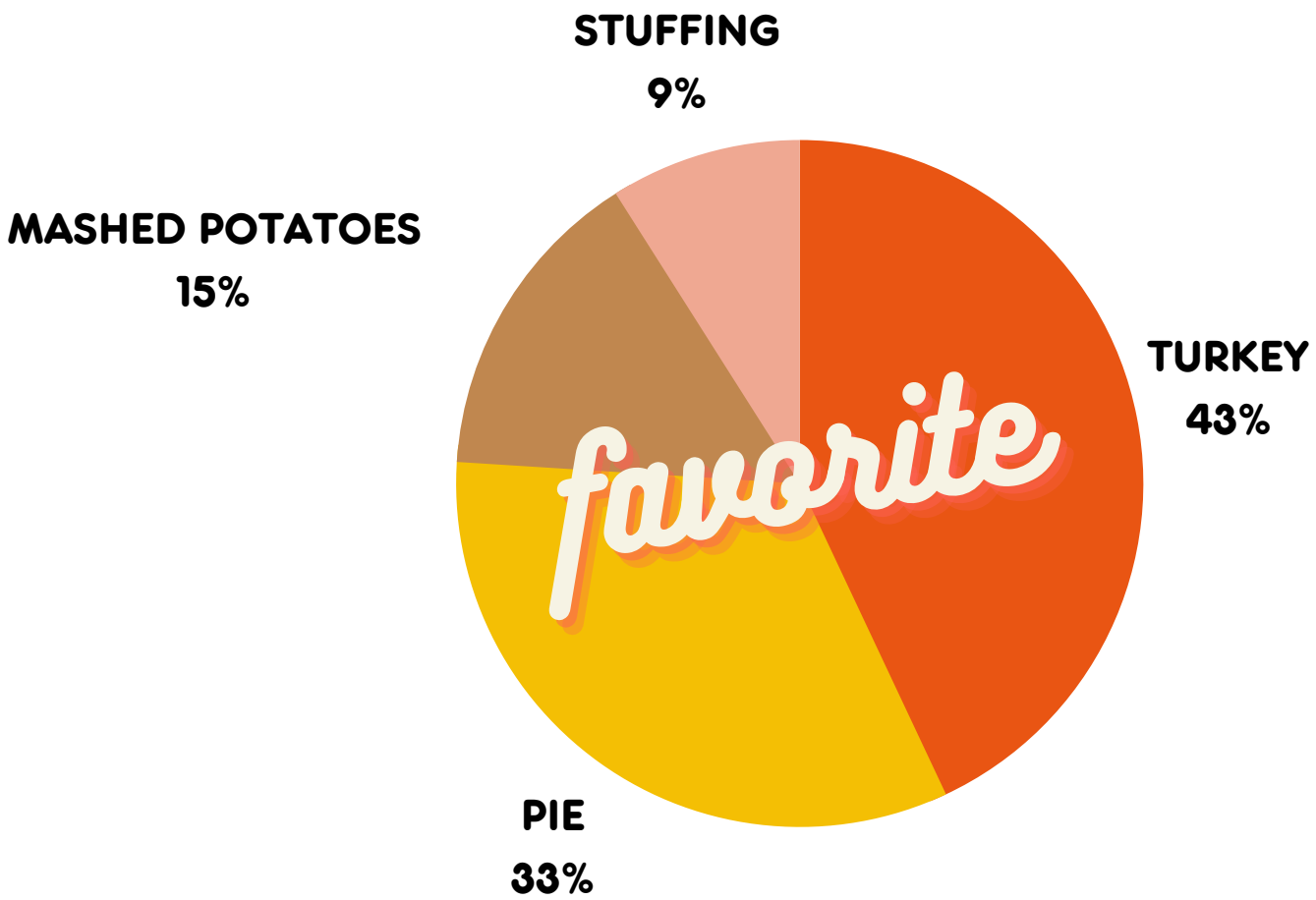
HOW DO YOU SHOW YOUR THANKFULNESS?

- “Be kind.” Tommy, Grade 5
- “Saying thank you.” Bristol, Grade 7
- “Uhh... by loving other people or being caring.” Wesely, Grade 7
- “Ummmm.... by loving them?” Della, Grade 8

WHY DID THE TURKEY CROSS THE ROAD?

- “To get to the other side.” Zepher, Grade 5
- “To gobble away!” Sofia, Grade 8
- “Why?...Oh! To get to the other side for dinner!” Layla, Grade 6
- “So it didn’t get cooked for Thanksgiving dinner!” Olive, Grade 7
- “To get stuffed!” Brayden, Grade 7

ST. MARY STUDENT THANKSGIVING DINNER POLL



Thankful & Blessed

MINI DEVOTION

In the New Testament of the Bible, Jesus emphasizes the importance of thankfulness and gratitude many times. Here Jesus speaks about being thankful:

Luke 17:11-19: The Healing of the Ten Lepers

In this passage, Jesus heals ten people who were sick, but only one of them returns to give thanks. Jesus highlights the significance of gratitude:

"Jesus asked, 'Were not all ten cleansed? Where are the other nine? Has no one else returned to give praise to God?' Then he said to him, 'Rise and go; your faith has made you well.'"

This story shows us the importance of giving thanks to God for the blessing we receive!

**1 Thes
5:18**

"Give thanks in all circumstances; for this is God's will for you in Christ Jesus."

**Col
3:15**

"Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful."

**Ps
107:1**

"Give thanks to the LORD, for he is good; his love endures forever."

**Phil
4:6**

"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God."

**Ps
95:2**

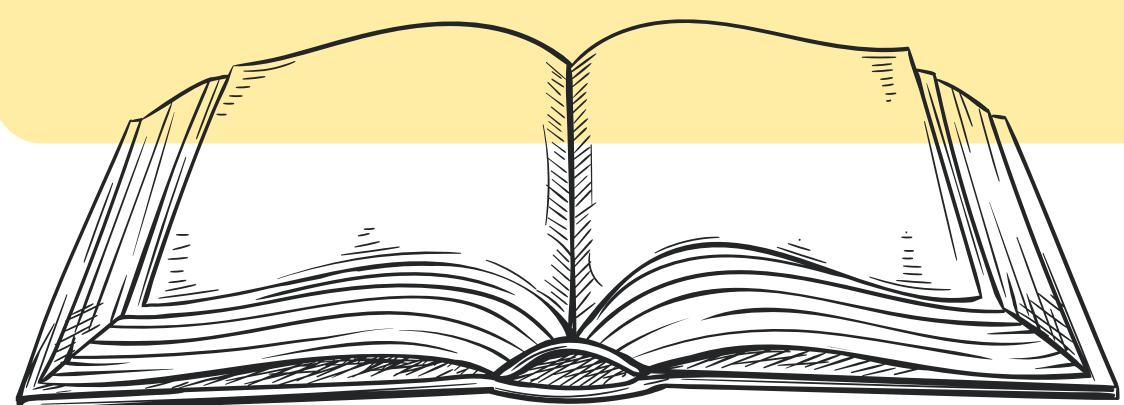
"Let us come before him with thanksgiving and extol him with music and song."

**Ps
100:4**

"Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name."

**2 Cor
9:11**

"You will be enriched in every way so that you can be generous on every occasion, and through us your generosity will result in thanksgiving to God."



Dear God,

**Thank you for this day so bright, For
your love that holds us tight.**

**Thank you for the food we share, And
for friends who show they care.**

**Help us see the good in each day, And
be thankful in every way.**

**For family, laughter, and fun, Thank
you, God, for everyone.**

Amen.

WHAT ARE YOUR TEACHERS THANKFUL FOR?



**hand
crafted**

Trace your hand to create a
Thanksgiving turkey!
Then write 5 things you are
thankful for on the fingers!



TEACHER ANSWERS FROM LAST WEEK!
REALI PLAYED PIANO FOR HER CHOIR. MAYNE DID AMERICAN IDOL. DUE TAUGHT ZUMBA. KARPELENNIA DRIVES A SCOOTER. STULO HOSTED A PACKER SHOW. AUSTIN LIVE ON THE MOST PLEASANT STREETS. RAINES CAN BREAK AN APPLE WITH
HER THUMBS. DAWN HAS ALL ADULT CHILDREN. KRUEGER HELD THE TRIPLE JUMP RECORD. DUFFY IS ALL PORTAGE. VOHS WAS ANNIE AND TINY TIM. MAEL WAS A COSMOTOLOGIST. MOEHN HAS A DINOSAUR BONE. HEIMERL GREW UP ON A
DAIRY FARM BUT DOESN'T LIKE MILK. SCHEFFER MAKES HER OWN COSTUMES. SCHUENNEEMAN HAS HIS GRANDPAS BASEBALL GLOVE FROM WHEN HE WAS A DETROIT TIGER.